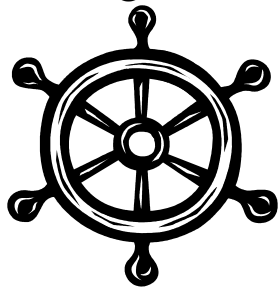
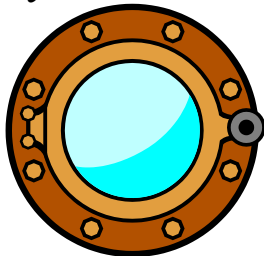


“What frequently are the goals of therapy?”

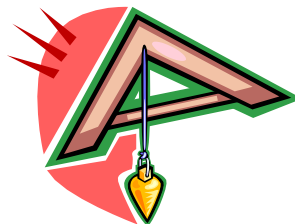
- To gain healthier control over your life’s ship!



- To look in the mirror and for you to better like that person who is looking back at you!



- To develop and to maintain greater, healthy, regular balance in your life!



And

- To identify losses, experiences, or incidents in your life that are serving as an anchor, a shackle to you ... and
To find the right “keys” to unlock most of your anchors
So you can move ahead more smoothly and more happily
Through all of the waters of your life!



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