

**ADOLESCENT & FAMILY
COUNSELING CENTER**



The Republic Building 350 South Main Street Cheshire, CT 06410-3160
Cheshire Danbury
203 271-1234 203 790-1234
www.AFCCenter.Org/ Fax: 203 272-9094
Director: Herbert Jay Rosenfield, ACSW, LCSW, BCD, CSSW

Area Practice Welcomes Experienced Clinicians to Their Cheshire and Danbury Professional Staffs

“We welcome Heather Parenti, LCSW, and Melissa Costanzo, LMFT, to the professional staff team of our Adolescent & Family Counseling Center”, announced Herbert Jay Rosenfield, LCSW, Director. “We are very fortunate to add these two experienced and excellent Connecticut Licensed mental health practitioners to our team of clinicians in our Danbury and Cheshire offices.”

Heather L. Parenti, LCSW, has been a Licensed Clinical Social Worker for 20 years, holding LCSW licenses in California (#: 19194) and Connecticut (#: 010551). She earned her Bachelor of Social Work degree (BSW) and Master of Social Work degree from California State University at Long Beach.

Prior to moving from California to Connecticut in 2019, Ms. Parenti had developed and operated her own outpatient private practice from 2008 until 2019, providing individual and family therapy to children, adolescent, and adults, and was an Adjunct Professor, teaching graduate level seminars and classes at Loma Linda University from 2011 to 2016.

In our Danbury office, Heather now provides individual, couples, family, and group therapy in a sensitive and trustworthy manner to a range of ages and issues, including anxiety, depression, eating disorders, family violence, trauma, suicide prevention, and caregiver stress. Kids and teenagers will find that Heather is artistic, is tuned into today’s music, and is up her sports.

For more information, for referral, or for an appointment, you can contact Heather L. Parenti, LCSW by calling our Danbury office at 203 790-1234. We are located at 72 North Street, Suite 203, in Danbury.

Melissa Leigh Costanzo, LMFT, is a Licensed Marriage & Family Therapist who received her Masters’ Degree in Marriage & Family Therapy from Saint Joseph College in West Hartford, CT. She had earned her Associate of Science Degree in Early Childhood Education and Bachelor of Science Degree with an emphasis in psychology at Teikyo Post University in Waterbury, CT.

Ms. Costanzo has significant experience as a Behavioral Health Crisis Worker at St. Mary’s Hospital, as Primary Therapist for St. Francis Behavioral Health Group in Glastonbury, and as Assistant to the Director at Prospect Youth Services. In addition, since her own licensure, Melissa has been supervising MFT interns from The University of Saint Joseph as well as graduate students from Central Connecticut State University.

Melissa offers our clients in Cheshire, CT her sincerity, enthusiasm, and knowledge of systems theory focusing on the family. Melissa will serve children, teenagers, adults, and families with an array of services, including individual, family, couples, and group therapy. Melissa’s hours are flexible to accommodate the timing needs of school, activities, and working families.

For more information, for referral, or for an appointment, you can contact Melissa Leigh Costanzo, LMFT, by calling our Cheshire office at 203 271-1234. Our office is 350 South Main Street, Suite 23, right on Route 10.

In February of 2020, the AFCCenter practice will commemorate our 40th anniversary of “*Helping You Solve Life’s Problems*” (sm). More information about this outpatient mental health practice and our outstanding professional staff members can be found on our website at www.AFCCenter.Org.