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Adolescent & Family Counseling Center Turns 40!

We are pleased to commemorate the 40th Anniversary of our Adolescent & Family Counseling Center, LLC, on February 1st!

Founded in 1980 by our Director, Herbert Jay Rosenfield, ACSW, LCSW, BCD, we have focused on empowering our clients, living up to our maxim, "*Helping You Solve Life's Problems*"^(sm). Our outpatient mental health private practice has served thousands of clients, ranging from pre-school through senior adults, utilizing individual, family, couples, and group therapy, and offering workshops, parenting courses, support groups, and consultation services.

Herb Rosenfield indicated, "I am proud of our many clients, for allowing us to earn their trust, their motivation to heal and grow, and their hard work toward gaining healthier control over their life's ship. I thank, applaud, and am indebted to our loyal and competent professional and administrative staff members for helping us reach this milestone.

In recognition of this 40-year milestone, the practice will give each client-family a copy of the "Life of Life Perpetual Birthday and Anniversary Calendar"[©]. The 15x20" hardboard calendar, created by Rosenfield Innovation, LLC, "is symbolic of the goal for 'solving life's problems' by providing an attractive, on-going reminder of the important dates of the folks who are valued by each of us."

During these 4 decades, our professional team has included dozens of skilled licensed clinicians -- Licensed Clinical Social Workers (LCSW), Licensed Marriage & Family Therapists (LMFT), and Licensed Professional Counselors (LPC) – whom I thank for their loyalty, ethics, skills, and commitment to assisting our clients, which have gotten us to this 40th milestone. Our Cheshire office (203 271-1234) is our primary location, serving clients living and working in central Connecticut. The Danbury office (203 790-1234) has served the mental health needs of our clients living in western Connecticut and eastern New York for more than 20 years, under the leadership of our Danbury Coordinator, Wendy Sauer, LCSW, CASAC.

"Instead of our retiring, our capable Intake Coordinator in Cheshire, Linda J. Rosenfield, LCSW, my wife, and I continue to work to empower our clients and to support our fine staff. This is because of our commitment to our clients and our staff ... and the fact that we each have chosen the right career-direction. It continues to bring us satisfaction, success, growth, and pride to be active clinical social workers!"